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## RightSizing \* a Smart Living 365 Guide to Reinventing Retirement

By Kathy Gottberg

Createspace Independent Publishing Platform, United States, 2016. Paperback. Book Condition: New. 203 x 133 mm.

Language: English . Brand New Book \*\*\*\*\* Print on Demand

\*\*\*\*\*.Most people dont start thinking about retirement until they hit 40, 50 or beyond. But what if making some simple changes in the way we live today gave us the opportunity to retire earlier and more fearlessly than we expect? Even better, what if a way existed to start enjoying life with more peace of mind, happiness and freedom right now? If youre worried about your future and are tired of the rat race that seems to lead nowhere, then rightsizing might be the best way for you to reimagine your lifestarting today! What is rightsizing?

Rightsizing is the conscious choice to reinvent a lifestyle that more closely fits you and your family in the best possible manner at every stage of life. Rightsizing provides the freedom to let go of the daily grind of just getting by day-in and day-out. So instead of constantly striving toward more and more stuff and trying to keep up with the neighbors, rightsizing avoids unsustainable debt, stress, addiction and competition and allows us to recreate life with meaning...



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