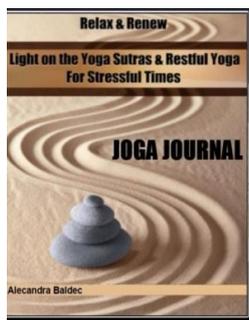


## Relax & Renew: Light on the Yoga Sutras & Restful Yoga for Stressful Times: Yoga Journal



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